



VOCATIONAL REHABILITATION

What is Vocational Rehabilitation?

Vocational Rehabilitation is a program that provides individualized supportive services to assist eligible people with disabilities while helping them prepare for and keep employment.

Who qualifies for Vocational Rehabilitation?

To be eligible to receive vocational rehabilitation services from the Division of Rehabilitation Services (DRS), you must:

- Be an individual with a disability, i.e. an individual who has a physical or mental health condition which interferes with employment.
- MPS and ML syndromes are considered qualifying health conditions for obtaining these services.
 - Generally, it is an easier and faster process to qualify if you receive SSI/SSDI benefits

Why should I use Vocational Rehabilitation?

These programs often offer the following services/assistance that may be beneficial:

- Job Placement
- Training
- Transportation
- Internships
- Counseling & guidance
- Resume building & interview practice
- May direct you toward monetary assistance for employment goals (i.e. college, trade programs, certificate training, etc.)

How do I get started with Vocational Rehabilitation?

DRS will gather and review your medical records, educational background, work history, and related information, as needed. This will help them to determine specifically how your disability affects your ability to be employed, and how vocational rehabilitation services might be of assistance to you. A Vocational Rehabilitation counselor will determine if you are eligible for services.

Be prepared for appointments with copies of information specific to your MPS or ML diagnosis, contact information for your doctor or medical providers, and an idea of your goals for employment and/or education. If you do receive SSI/SSDI, it may be helpful to

bring that documentation with you as well. Make sure to ask questions in advance—they will let you know what you need to bring or provide!

How do I contact Vocational Rehabilitation?

The list below provides some contact information for Vocational Rehabilitation departments in each state. This list is not comprehensive, and services may vary. You may find it most helpful to search for the Vocational Rehabilitation department in your home county within your state.

Alabama

Alabama Department of Rehabilitation Services

Phone: (334) 293-7500

Website: <http://www.rehab.alabama.gov/contact-us>

Alaska

Division of Vocational Rehabilitation (Alaska)

Phone: (907) 465-2814

Toll-Free: (800) 478-2815

Fax: (907) 465-2856

Website: <http://www.labor.state.ak.us/dvr/home.htm>

Arizona

Rehabilitation Services Administration (Arizona)

Phone: (602) 542-3332

Toll-Free: (800) 563-1221

Fax: (602) 542-3778

TTY: (602) 542-6049

Website: https://www.azdes.gov/rehabilitation_services/

Arkansas

Rehabilitation Services (Arkansas)

Phone: (501) 296-1600

Fax: (501) 296-1141

Website: <http://ace.arkansas.gov/arRehabServices>

California

California Department of Rehabilitation

Phone: (916) 324-1313 or (800) 952-5544 (VOICE)

Website: <http://www.dor.ca.gov/>

Colorado

Division of Vocational Rehabilitation (Colorado)

Phone: (303) 866-4150

Website: <https://www.colorado.gov/pacific/dvr/contact-us-90>

Connecticut

Bureau of Rehabilitation Services (Connecticut)

Phone: (860) 424-4844

Toll-Free: (800) 537-2549

Toll-Free Restrictions: CT residents only

Fax: (860) 424-4850

Website: <http://www.ct.gov/brs/site/default.asp>

Delaware

Division of Vocational Rehabilitation (Delaware)
Website: <https://dvr.delawareworks.com/office-locations.php>

District of Columbia**

Rehabilitation Services Administration (District of Columbia)
Phone: (202) 730-1700
Website: <http://dds.dc.gov/DC/DDS/Rehabilitation+Services+Administration>

Florida

Division of Vocational Rehabilitation (Florida)
Phone: (850) 245-3399
Toll-Free: (800) 451-4327
Toll-Free Restrictions: FL residents only
Fax: (850) 245-3316
Video Phone: 866-971-7744 or 866-245-9828 Website: <http://www.rehabworks.org/>

Georgia

Rehabilitation Services (Georgia)
Website: <https://gvs.georgia.gov>

Hawaii

Vocational and Rehabilitation Agency (Hawaii) Vocational Rehabilitation and Services for the Blind
Division
Phone: (808) 586-9729
Website: <http://humanservices.hawaii.gov/vr/>

Idaho

Division of Vocational Rehabilitation (Idaho)
Phone: (208) 334-3390
Fax: (208) 334-5305
Website: <http://www.vr.idaho.gov/>

Illinois

Division of Rehabilitation Services (Illinois)
Phone: (800) 843-6154
Website: <http://www.dhs.state.il.us>

Indiana

<https://www.in.gov/fssa/ddrs/2759.htm>

Iowa

Vocational Rehabilitation Services (Iowa)
Phone: (515) 281-4211
Toll-Free: (800) 532-1486
Fax: (515) 281-4703
TTY: (515) 281-4211
Website: <http://www.ivrs.iowa.gov/>

Kansas ****

Rehabilitation Services (Kansas)
Phone: (785) 368-7112
Toll-Free: (800) 432-0698
Toll-Free Restrictions: KS residents only
Fax: (785) 368-7467

TTY: (785) 368-7478

Website: <http://www.srs.ks.gov/services/Pages/Vocational.aspx>

Kentucky

Kentucky Office of Vocational Rehabilitation

Phone: (502) 564-4440

Toll-Free: (800) 372-7172

Toll-Free Restrictions: KY residents only

Fax: (502) 564-6745

TTY: (888) 420-9874

Website: <http://www.ovr.ky.gov/>

Louisiana

Rehabilitation Services (Louisiana)

Phone: (225) 219-2225

Toll-Free: (800) 737-2958

Toll-Free Restrictions: LA residents only

Fax: (225) 219-2942

TTY: (225) 225-2225

Website: http://www.laworks.net/WorkforceDev/LRS/LRS_Main.asp

Maine

Division of Vocational Rehabilitation (Maine)

Phone: (207) 623-7943

Toll-Free: (800) 698-4440

Toll-Free Restrictions: ME residents only

Fax: (207) 287-5292

TTY: (888) 755-0023

Website: <http://www.maine.gov/rehab/dvr/index.shtml>

Vocational and Rehabilitation Agency (Maine) Division for the Blind and Visually Impaired

Phone: (207) 623-7956

Toll-Free: (800) 698-4440

Toll-Free Restrictions: ME residents only

Fax: (207) 624-5980

TTY: (888) 755-0023

Website: <http://www.state.me.us/rehab/>

Maryland

Division of Rehabilitation Services (Maryland)

Phone: (410) 554-9442

Toll-Free: (888) 554-0334

Fax: (410) 554-9412

TTY: (410) 554-9411

Website: <http://www.dors.state.md.us/>

Massachusetts

Massachusetts Rehabilitation Commission

Phone: (617) 204-3600

Toll-Free: (800) 245-6543

Toll-Free Restrictions: MA residents only

Fax: (617) 727-1354

TTY: (800) 245-6543

Website: <http://www.state.ma.us/mrc/>

Vocational Rehabilitation Agency (Massachusetts) State Commission for the Blind
Phone: (617) 727-5550 x7503
Toll-Free: (800) 392-6450
Toll-Free Restrictions: MA residents only
Fax: (617) 626-7685
TTY: (800) 392-6556
Website: <http://www.state.ma.us/mcb/>

Michigan

Michigan Commission for the Blind
Phone: (517) 373-2062
Toll-Free: (800) 292-4200
Toll-Free Restrictions: MI residents only
Fax: (517) 335-5140
TTY: (888) 864-1212
Website: <http://www.michigan.gov/mcb>

Rehabilitation Services (Michigan)
Phone: (517) 335-0399
Toll-Free: (800) 605-6722
Toll-Free Restrictions: MI residents only
Fax: (517) 335-7277
TTY: (888) 605-6722
Website: <http://www.michigan.gov/mrs>

Minnesota

State Services for the Blind (Minnesota)
Phone: (651) 642-0500
Toll-Free: (800) 652-9000
Toll-Free Restrictions: MN residents only
Fax: (651) 649-5927
TTY: 651-642-0506
Website: http://www.positivelyminnesota.com/JobSeekers/Blind_or_Visually_Impaired/index.aspx

Vocational Rehabilitation Services (Minnesota)
Phone: (651) 259-7345
Toll-Free: (800) 328-9095
Toll-Free Restrictions: MN residents only
Fax: (651) 297-5159
TTY: (651) 296-3900
Website: http://www.positivelyminnesota.com/JobSeekers/People_with_Disabilities/index.aspx

Mississippi

Office of Vocational Rehabilitation (Mississippi)
Phone: (601) 853-5100
Toll-Free: (800) 443-1000
Fax: (601) 853-5158
TTY: (601) 853-5310
Website: <http://www.mdrs.state.ms.us/client/ovr.asp>

Missouri

Division of Vocational Rehabilitation (Missouri)
Phone: (573) 751-3251
Toll-Free: (877) 222-8963
Fax: (573) 751-1441

TTY: (573) 751-0881
Website: <http://dese.mo.gov/vr/>

Rehabilitation Services for the Blind (Missouri)
Phone: (573) 751-4249
Fax: (573) 751-4984
TTY: (800) 592-6004
Website: <http://www.dss.mo.gov/fsd/rsb/>

Montana

Montana Vocational Rehabilitation
Phone: (406) 444-2590
Toll-Free: (877) 296-1197
Fax: (406) 444-3632
TTY: (406) 444-2590
Website: <http://www.dphhs.mt.gov/vocrehab/programs.shtml>

Nebraska

Nebraska Commission for the Blind and Visually Impaired
Phone: (402) 471-2891
Toll-Free: (877) 809-2419
Fax: (402) 471-3009
Website: <http://www.ncbvi.ne.gov/>

Vocational Rehabilitation (Nebraska)
Phone: (402) 471-3644
Toll-Free: (877) 637-3422
Fax: (402) 471-0788
TTY: (402) 471-3644
Website: <http://www.vr.ne.gov>

Nevada

Rehabilitation Division (Nevada)
Phone: (775) 684-4040
Fax: (775) 684-4184
TTY: (775) 684-8400
Website: http://detr.state.nv.us/rehab/reh_index.htm

New Hampshire

Vocational Rehabilitation (New Hampshire)
Phone: (603) 271-3494
Toll-Free: (800) 299-1647
Toll-Free Restrictions: NH residents only
Fax: (603) 271-1953
TTY: (603) 271-3471
Website: <http://www.education.nh.gov/career/vocational/>

New Jersey

Commission for the Blind and the Visually Impaired (New Jersey)
Phone: (973) 648-3333
Fax: (973) 648-7364
TTY: (973) 648-4559
Website: <http://www.state.nj.us/humanservices/cbvi/home/>

Division of Vocational Rehabilitation Services (New Jersey)

Phone: (609) 292-5987
Toll-Free: (866) 871-7867
Fax: (609) 292-8347
TTY: (609) 292-2919
Website: <http://lwd.dol.state.nj.us/labor/dvrs/DVRIndex.html>

New Mexico

Division of Vocational Rehabilitation (New Mexico)
Phone: (505) 954-8500
Toll-Free: (800) 224-7005
Fax: (505) 954-8562
TTY: (505) 292-0454 (Relay New Mexico)
Website: <http://www.dvrgetsjobs.com/>

New Mexico Commission for the Blind
Phone: (505) 841-8844
Toll-Free: (888) 513-7958
Toll-Free Restrictions: NM residents only
Fax: (505)841-8850
Website: <http://www.cfb.state.nm.us/>

New York

State Commission for the Blind and Visually Handicapped (New York)
Phone: (518) 474-7299
Fax: (518) 486-5819
TTY: (518) 474-7501
Website: <http://www.ocfs.state.ny.us/main/cbvh/>

Vocational and Educational Services for Individuals with Disabilities (New York)
Phone: (518) 474-1711
Toll-Free: (800) 222-5627
Fax: (518) 474-8802
TTY: (518) 474-5652
Website: <http://www.vesid.nysed.gov/>

North Carolina

Division of Services for the Blind (North Carolina)
Phone: (919) 733-9822
Toll-Free: (866) 222-1546
Toll-Free Restrictions: NC residents only
Fax: (919) 733-9769
TTY: (919) 733-9700
Website: <http://www.ncdhhs.gov/dsb/>

Division of Vocational and Rehabilitation Services (North Carolina)
Phone: (919) 855-3500
Fax: (919) 733-7968
TTY: (919) 855-3579
Website: <http://dvr.dhhs.state.nc.us/>

North Dakota

Division of Vocational Rehabilitation (North Dakota)
Phone: (701) 328-8950
Toll-Free: (800) 755-2745
Fax: (701) 328-8969

TTY: (701) 328-8968
Website: <http://www.nd.gov/dhs/dvr/index.html>

Ohio

Ohio Rehabilitation Services Commission
Phone: (614) 438-1210
Toll-Free: (800) 282-4536 x1210 Toll-Free Restrictions: OH residents only
Fax: (614) 785-5010
TTY: (614) 785-5048
Website: <http://www.rsc.state.oh.us/default.aspx>

Oklahoma

Oklahoma Department of Rehabilitation Services
Phone: (405) 951-3400
Toll-Free: (800) 845-8476
Toll-Free Restrictions: OK residents only
Fax: (405) 951-3529
TTY: (405) 951-3400
Website: <http://www.okdrs.gov>

Oregon

Office of Vocational Rehabilitation Services (Oregon)
Phone: (503) 945-5880
Toll-Free: (877) 277-0513
Fax: (503) 947-5010
TTY: (866) 801-0130
Website: <http://egov.oregon.gov/DHS/vr/index.shtml/>

Oregon Commission for the Blind
Phone: (971) 673-1588
Toll-Free: (888) 202-5463
Toll-Free Restrictions: OR residents only
Fax: (971) 673-1570
TTY: (971) 673-1577
Website: <http://www.cfb.state.or.us/>

Pennsylvania

Office of Vocational Rehabilitation (Pennsylvania)
Phone: (717) 787-5244
Toll-Free: (800) 442-6351
Toll-Free Restrictions: PA residents only
Fax: (717) 783-5221
TTY: (717) 787-4885
Website: <http://www.dli.state.pa.us/portal/server.pt/community>

Office of Vocational Rehabilitation (Pennsylvania) Bureau of Blindness and Visual Services
Phone: (717) 787-6176
Toll-Free: (800) 622-2842
Toll-Free Restrictions: PA residents only
Fax: (717) 772-1629
TTY: (717) 787-4885
Website: http://www.portal.state.pa.us/portal/server.pt/community/blindness_and_visual_services/10367

Rhode Island

Vocational and Rehabilitation Agency (Rhode Island)

Phone: (401) 421-7005
Spanish: (401) 242-8020
Fax: (401) 222-3574
TTY: (401) 421-7016
Website: <http://www.ors.ri.gov/>

South Carolina

South Carolina Commission for the Blind
Phone: (803) 898-8731
Toll-Free: (800) 922-2222
Toll-Free Restrictions: SC residents only
Fax: (803) 898-8800
Website: <http://www.sccb.state.sc.us/>

South Carolina Vocational Rehabilitation Department
Phone: (803) 896-6500
Toll-Free: (800) 832-7526
Toll-Free Restrictions: SC residents only
Fax: (803) 896-6529
TTY: (803) 896-6666
Website: <http://www.scvrd.net/>

South Dakota

Division of Rehabilitation Services (South Dakota)
Phone: (605) 773-5990
Toll-Free: (800) 265-9684
Fax: (605) 773-5483
TTY: (605) 773-5990
Website: <http://dhs.sd.gov/drs/>

Division of Service to the Blind and Visually Impaired (South Dakota)
Phone: (605) 773-4644
Toll-Free: (800) 265-9684
Toll-Free Restrictions: SD residents only
Fax: (605) 773-5483
TTY: (605) 773-4644
Website: <http://dhs.sd.gov/sbvi/>

Tennessee

Vocational Rehabilitation Services (Tennessee)
Phone: (615) 313-4891
Fax: (615) 741-6508
TTY: (615) 313-5695
Website: <http://tennessee.gov/humanserv/rehab/vrs.html>

Texas

Department of Assistive and Rehabilitative Services (Texas)
Phone: (512) 424-4220
Toll-Free: (866) 581-9328
Fax: (512) 424-4277
TTY: (800) 628-5115
Website: <http://www.dars.state.tx.us/drs/index.shtml>

Utah

Division of Services for the Blind and Visually Impaired (Utah)

Phone: (801) 323-4343
Toll-Free: (800) 284-1823
Toll-Free Restrictions: UT residents only
Fax: (801) 323-4396
TTY: (801) 323-4395
Website: <http://www.usor.utah.gov/division-of-services-for-the-blind-and-visually-impaired>

Utah State Office of Rehabilitation
Phone: (801) 538-7530
Toll-Free: (800) 473-7530
Toll-Free Restrictions: UT residents only
Fax: (801) 538-7522
TTY: (801) 538-7530
Website: <http://www.usor.utah.gov/>

Vermont

Division for the Blind and Visually Impaired (Vermont)
Phone: (802) 241-2210
Toll-Free: (888) 405-5005
Toll-Free Restrictions: VT residents only
Fax: (802) 241-2128
Website: <http://www.dbvi.vermont.gov>

Vocational Rehabilitation (Vermont)
Phone: (802) 241-2186
Toll-Free: (866) 879-6757
Toll-Free Restrictions: VT residents only
Fax: (802) 241-3359
TTY: (802) 241-1455
Website: <http://vocrehab.vermont.gov/>

Virginia

Virginia Department for the Blind and Vision Impaired
Phone: (804) 371-3140
Toll-Free: (800) 622-2155
Toll-Free Restrictions: VA residents only
Fax: (804) 371-3351
TTY: (804) 371-3140
Website: <http://www.vdbvi.org/>

Virginia Department of Rehabilitation Services
Phone: (804) 662-7000
Toll-Free: (800) 552-5019
Toll-Free Restrictions: VA residents only
Fax: (804) 662-9532
TTY: (800) 552-5019
Website: <http://www.vadrs.org/>

Washington

Division of Vocational Rehabilitation (Washington)
Phone: (360) 725-3636
Toll-Free: (800) 637-5627
Toll-Free Restrictions: WA residents only
Fax: (360) 438-8011
Website: <http://www.dshs.wa.gov/dvr/>

Washington Department of Services for the Blind
Phone: (206) 721-6400
Toll-Free: (800) 552-7103
Toll-Free Restrictions: WA residents only
Fax: (206) 721-4103
TTY: (206) 721-4056
Website: <http://www.dsb.wa.gov/>

West Virginia

West Virginia Division of Rehabilitation Services
Phone: (304) 766-4601
Toll-Free: (800) 642-8207
Fax: (304) 766-4905
TTY: (304) 766-4965
Website: <http://www.wvdrs.org/>

Wisconsin

Division of Vocational Rehabilitation (Wisconsin)
Phone: (608) 261-0050
Toll-Free: (800) 442-3477
Toll-Free Restrictions: WI residents only
Fax: (608) 266-1133
TTY: (888) 877-5939
Website: <http://dwd.wisconsin.gov/dvr/>

Wyoming

Division of Vocational Rehabilitation (Wyoming)
Phone: (307) 777-7389
Fax: (307) 777-5939
TTY: (307) 777-7386
Website: <http://wyomingworkforce.org/vr/>