

INTERNATIONAL MPS Awareness Day • May 15, 2019

while there are many ways to participate in international MPS Awareness Day, this calendar provides some suggestions on ways you may be interested in spreading awareness, supporting loved ones, or remembering those that have touched our lives. In addition, we're encouraging our community to post photos or videos that share their Day-in-a-Life story to illustrate the reality of our victories and challenges. You're invited to participate and honor family members, or share how you get your own family through the day! Send photos and videos to jacob@mpssociety.org. Use the hashtag [#mpssociety](https://twitter.com/mpssociety). Be sure to follow [@mpssociety](https://twitter.com/mpssociety) on Twitter, Instagram, and Facebook, and tag us when you post!



sunday	Monday	Tuesday	wednesday	Thursday	Friday	saturday
			<p>1 Write a letter to the editor of your local newspaper about MPS Awareness Day.</p>	<p>2 Text to Give Thursday: Text "courage" and a dollar amount to 41444 to give to support MPS & ML!</p>	<p>3 Family Friday: Connect with another MPS or ML family to show your support.</p>	<p>4 Sharing Saturday: share a story about an MPS or ML caregiver that inspires you.</p>
<p>5 social sunday: Ask friends to follow the National MPS society on Twitter and like us on Facebook. Take this time to register or renew your membership.</p>	<p>6 Memento Monday: share an MPS Fact card with someone you care about to help spread awareness</p>	<p>7 Tell your story Tuesday: create or update your courage Page today. visit bit.ly/couragepages to begin or log in.</p>	<p>8 wear Your Purple wednesday: Post a photo of you or a loved one wearing purple for MPS or ML.</p>	<p>9 Join the connectMPS patient registry today at connectmps.org</p>	<p>10 Family Friday: share a meal with your family and show your gratitude for one another.</p>	<p>11 sibling saturday: Give a shout out to the rock star siblings that make a difference.</p>
<p>12 Mother's Day: Give a great MPS or ML mom a virtual high five and compliment!</p>	<p>13 Memory Monday: share a picture or story to honor a lost friend or family member who has passed away.</p>	<p>14 Tag an adult with MPS or ML and let them know how special they are to the community.</p>	<p>15 It's time! Post your Day-in-a-Life story to social and tag us with the hashtag #mpssociety</p>	<p>continue spreading the message about MPS and ML year-round!</p>		