



## GRIEF SUPPORT RESOURCES

### **[www.beyondindigo.com](http://www.beyondindigo.com)**

Beyond Indigo website goal is to provide grief support, products and services to individuals and companies who assist people who are grieving.

### **[www.goodgriefresources.com](http://www.goodgriefresources.com)**

The primary goal of Good Grief Resources is to connect the bereaved and their caregivers with as many bereavement support resources as possible in one, efficient and easy-to-use website directory.

### **<http://www.livingwithloss.org/index.htm>**

The Living with Loss Foundation has been established to provide grief resources to the many non-funded community support groups (e.g. hospice and hospital bereavement services, funeral home aftercare services, bereavement care through churches, local support groups and emergency grief support services) on a need basis at no cost through the help of donations.

### **[www.dougy.org](http://www.dougy.org)**

The mission of The Dougy Center for Grieving Children is to provide support in a safe place where children, teens and their families grieving a death can share their experiences as they move through their grief process.

### **[www.griefloss.org](http://www.griefloss.org)**

The Center for Grief is a non-profit organization dedicated to offering help and hope for the difficult times in our lives through therapy, counseling and education in the areas of complicated grief, trauma, general bereavement and loss.

### **[www.aarp.org/griefandloss/](http://www.aarp.org/griefandloss/)**

A collection of resources and a community of care sponsored by the AARP offering education, on-line sharing and a toll-free Grief Support line.

### **[www.hospicenet.org](http://www.hospicenet.org)**

An invaluable resource offering information that covers all aspects of hospice care; from selecting a hospice to being a patient and what you need to know including bereavement and grief.

### **[www.griefwatch.com](http://www.griefwatch.com)**

As part of its mission to the bereaved, Grief Watch and its companion program, Perinatal Loss, publish books, videotapes, audiotapes and other helpful resources in an effort to offer spiritual, emotional and other support to persons who have suffered loss.

### **[www.sharegrief.com](http://www.sharegrief.com)**

On-line grief counseling by skilled professionals.

### **[www.familygrief.com](http://www.familygrief.com)**

Stories and recommended readings from T.A. Barron.

**[www.compassionatefriends.org](http://www.compassionatefriends.org)**

The mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive

**[www.griefnet.org](http://www.griefnet.org)**

An Internet community of persons dealing with grief, death, and major loss

**[www.kidsaid.com](http://www.kidsaid.com)**

A safe place for kids to share and to help each other deal with grief about any of their losses. It's a place to share and deal with feelings, to show artwork and stories, to talk about pets, to meet with one's peers.